METRÓPOLE

RESTAURANTE & BAR LOUNGE

Obrigado pela sua visita... Thank you for your visit... Merci pour votre visite...

Gracias por su visita...







www.metropolerestaurantebar.com

From Our _ _ To Share

Our Wonders are selected in order to ensure the best texture and flavour. With at least a 14 days rest and perfectly fed to ensure its quality (Grain Fed and Grass Fed).

Our meat is from Portugal, Spain, Ireland, Scotland, Uruguay, Argentina, Brazil, U.S.A, Australia, Denmark, Finland and Japan. And the breeds are Black Angus, Maronesa, Rubia Galega, Barrosa, Minhota, Simental and Wagyu.

In order to have the best gourmet experience, we suggest the medium or rare roast for yeal meat.

Surf and Turf 100 Gr.

(Price of the cut of meat you choose + 15,9€ per 100gr of Tiger Prawn).

porcentage of fat, tender and with an expressive flavour (but short due to the thickness of the cut).

two pieces are taken. It has a significant amount of marbling. Its texture reminds filet mignon which makes it one of the most tender meats. And its flavor is unique.

New York Strip Steak (Grain Fed) 26,9€

It's a cut from the short loin of the animal. It mainly consists of strip steak, very tasty and tender, with balanced fat on the outer part of the steak.

The most noble cut of the rib. The ribeye is carved from the primal section called the beef rib located between the sixth and tenth ribs.

It has more intramuscular fat, creating the fantastic marbling unique to the ribeye which turn it into a juicy and tender steak with a unique flavor. Also known as "Bife do Ancho" or Entrecôte.

The larger side is called the strip steak and the smaller side is called filet Mignon.

All together brings the desired qualities of a good meat: tender, flavor and juiciness.

One cut, two flavors with different textures.

Surf and Turf 100 Gr.

(Price of the board you choose + 15,9€ per 100gr of Tiger Prawn).

Around the world	2 Pax	€
	3 Pax90	€

New York Strip Steak (Grain Fed), Wonderful № 7 (Grain Fed), Slices of Wild Hog and Crispy Chicken.

It's a Basque, classic and noble cut and its fat gives

it an intense flavor. It has bone attached and a soft and juicy texture.

Finding A New World 2 Pax 76€ Flat Iron (Grain Fed), New York Strip Steak (Grain Fed)

and Flamed Tiger shrimp.

Tomahawk Black Angus (Grain Fed) 2 Pax. ... 79€

Was named after a small axe, used in North America as a tool or an axe. With a rib bone attached, is removed from the front of the ox's loin, where only four pieces are to be taken from each animal. It's a very tasty and marbling cut.

Hat-Trick 2/3 Pax 79€

Wonderful № 7 (Grain Fed), New York Strip (Grain Fed) and T-Bone (Grain Fed).

Flat Iron (Grain Fed), New York Strip (Grain Fed), Tomahawk (Grain Fed) or Chuleton (Grain Fed) and Trio of sauce (chimichurri, Pepper and mushroom).

Choose your accompaniments for a perfect experience. If you want do add a sauce to your experience are will have a cost- 3,50€ (Pepper, Mushroom and Chimichurri).



Travel Itinerary MENU

History began 2,7 million years ago when we started eating...

WELCOME
Couvert (by person)
Variety of Bread
CHECK-IN STARTERS
Mirandela (1. unt)
Cremoso
Madera Island
Enchanted Woods
*(A Portuguese smoked sausage filled with pork and flour).
Bela Itália
Premium Black Pork Smoked Ham 17,9€
Barbaric Travel till Paris
Snow White and the Seven Dwarfs18,9€ Lady Burrata and her seven: seasoned toasts, wild salad, drizzled with balsamic glaze of berry fruits, pesto, caramelized dried fruits, Himalayan crystal salt and cherry tomatoes.
À la Guilho
Wagyu

MEAT
What's going to be to Day? 16,9€
Our own steak selection with French Fries. If you want do add a sauce to your experience: + 3,5€ Pepper, Mushroom or Chimichurri.
One World Trade Center
Francesinha Saloia
Iberian Peninsula
Sex Symbol
Piggy Bank "À Bairrada"
— UNDERWATER —
Hand in Hand with Our History 18,9€ Shrimps Açorda* *(fry bread mash with olive oil and garlic).
India Ocean Trade Route
"Má que Jête"

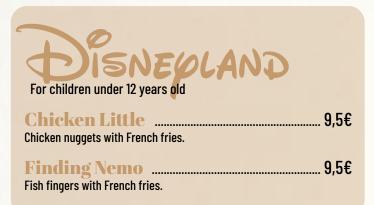
Memories of My Grandparents 26,9€
By Isaura Simões
Fresh Codfish Fillet boiled on low Temperature, a creamy truffled mashed potatoe, Cabbage Bok-Choi Sauted, Poached Egg and

Baby Carrot.

NOT MEAT NOR FISH...

Padana Plain	21€
Truffled Wild mushrooms Risotto enriched with	
Grana Padano cheese.	

Pitágoras (Veggie)	23€
	mushrooms, bimis and caramelized
almond.	



PARTNERS IN ____CRIME

French Fries		3€
Aromatized Basma	ati Rice	4€
	Change	1,5€
Salad		4,5€
	Change	2,3€
Variety of Lettuces, Cherry Tomat Passion Fruit Vinaigrete.	o, Radish, Red Onion an	d
Sautéed Vegetable	S	5€
	Change	
Sweet Potato Fries	······	5€
	Change	2,5€
Truffled Mashed P	otatoe	5€
	Change	2,5€

MOLHOS

Chimichurri Sauce	. 3,5€
Pepper Sauce	. 3,5€
Mushroom Sauce	. 3,5€

EXTRAS

Seasoned Butter	1,5€
Fried Egg	2€
Tapenade	3,5€
Daily Surprise	4€



COUVERT_«No dish, food product or drink, including the cover charge, can be charged if it is not requested by the customer or if it is unusable» Decree-Law No. 10/2015, of 16 January.

ALLERGIES AND INTOLERANCE. If you are allergic to any food, please inquire with our team. Regulation No. 1169/2011